



Building Holy Habits: From Bitter Attitudes to Beatitudes
Ephesians 4:31-32

LESSON: God's Path to Putting off the Pain and Sin of Bitterness

Definition of bitterness:

I. See Your Bitter Circumstance as Providential

a. _____ (Genesis 49:24)

b. _____ (Exodus 1:14)

(How God Uses Bitter Circumstances)

1. _____ (Genesis 45:1-8)

2. _____ (the Exodus; Joseph in Genesis 49:24*)

3. _____ (Exodus 3:7-8; 1 Samuel 1:1-18)

II. See Why Your Bitter Heart Condition Must Die

Why Must it Die?

a. _____ (Genesis 25:34; 27:41; *26:35; cf. 27:46)

b. _____ (Simon in Acts 8)

c. _____ (Hebrews 12:1-16)



III. See Your Heart's Cure for Bitterness

a. _____

b. _____ (Remember Hannah in 1 Samuel 1:1-18)

c. _____ (Ephesians 1:3-14; 3; 3:16-19; 4:20-24)