

# Overcoming Personal Struggles - Week 2

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The Biblical Process of Change

## Introduction

## Put Off

- Putting off means to \_\_\_\_\_ something from one's life. It means S-T-O-P.
- Jesus referred to this in terms of radical \_\_\_\_\_.
- Paul referred to this in terms of not \_\_\_\_\_ to sin as a slave master.

## Renew the Mind

- Renewing the mind means to think \_\_\_\_\_:
  - To think rightly about what is \_\_\_\_\_ (Matthew 6:24).
  - To think rightly about \_\_\_\_\_ (Matthew 6:26).
  - To think rightly about God's \_\_\_\_\_ and work (Matthew 6:30).
  - To think rightly about \_\_\_\_\_ (Matthew 6:34).
  - To think rightly about God's \_\_\_\_\_ (Matthew 6:33).
- We must be filled with the \_\_\_\_\_ of His will with spiritual wisdom.

## Put On

- Putting on means to begin to live \_\_\_\_\_ with the renewed mind.
- It means to develop new life habits. Jay Adam's called this \_\_\_\_\_.
- The old patterns of sin must be \_\_\_\_\_ by righteous and opposite living (see Ephesians 4:24-5:21).

## Grace in the Battle