

Psalm 103 - All His Benefits

A Common Structure in the Psalms

Cry for Action + Reason for the Cry

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| <ol style="list-style-type: none"> 1. Cry for God to Act <ol style="list-style-type: none"> a. to Help His people b. to Judge the wicked | <ol style="list-style-type: none"> 2. Cry for Men to Act <ol style="list-style-type: none"> a. to Praise the Lord b. to Act wisely |
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1) Cry for Action: Bless the Lord – v. 1-2

a) Who:

b) Action:

2) Reason for the Cry: All His Benefits – v. 3-19

a) His Ways to Me – v. 3-5

b) His Ways to All (who fear Him) – v. 6-14

Nature

- v. 6 – righteousness / justice
- v. 7-8 – merciful / gracious
- v. 9 – not always strive / be angry
- v. 11 – great in steadfast love
- v. 13 – compassionate like a father

Application to His own

- v. 10 – not deal with us / repay us according to our sin
- v. 12 – far removed our transgressions from us
- v. 14 – knows our frame / remembers we are but dust

c) His Power – v. 15-19

- His Longevity – v. 15-18
- His Sovereignty – v. 19

3) Re-Cry for Action: (Bless-the-Lord)^x – v. 20-22

KSN [bless, benefit / bubble, Texas, fork]

Praxis

1. List at least 15 ways in which you could “bless the Lord” in the week ahead.
2. In what ways do those in Christ experience even now the blessings of Ps 103:3-5?
3. Which is worse – to praise some other god or to fail to praise God at all? Explain from Scripture... How might the first and last of the 10 commandments speak to this issue?
4. David enlists others to bless God with him... why is this a consistent feature of true worship? (see Ps 29,33,34,35,40,48,71,95,96,98,99,100,145,148,149,150)
How does this inform importance of our Worship Together on Sundays?