

Depression and Feeling Forgotten

Pastor John Brackbill/Psalm 42:6-11/3.1.15

10:45 am Morning Worship Service

Spiritual depression is accompanied by unfulfilled worship desires (1-4)

- Spiritually depressed individuals long for God (1-2a)
- Recognizing He is the living God (2b)
- And therefore, they question their lack of currently experiencing God's presence (2c)
- And sorrow, as unbelievers mockingly add weight to their questions (3)
- So they pour out their sorrow (4a)
- Remembering past worship when they experienced God's presence (4b)

Spiritual depression is remedied by preserving faith-fueled, God-centered, self-exhortation (5)

- Spiritually depressed individuals must exhort themselves by self-consciously questioning their state of soul (5a)
- Spiritually depressed individuals must exhort themselves to hope in God (5)

Spiritual depression is accompanied by feeling _____ by God even _____ faith's fight (6-11)

- Spiritually depressed individuals who have exhorted themselves to hope in God _____ with despair but now do so consciously before _____ (6a)
- And as a consequence they _____ God (6b)

- acknowledging God's _____ with their sorrows, (7)
- growing in _____ that His presence will be known in the future, (8)
- and resolving in the future to ask the questions of despair in the context of _____(9)
- All the while continuing to transparently acknowledging the pain of feeling _____(10)
- And continually returning to persevering faith-fueled, God-centered, self-exhortation (11)
 - Exhorting themselves by self-self-consciously questioning their state of soul (11a)
 - Exhorting themselves to hope in God (11b)
 - Because they can be confident they will once again know God's presence in worship
 - Because they can be confident that He will deliver them from their current state
 - Because they can be confident that He is _____