

# Class #8 - The Lord's Supper: What and Why?

*The cup of blessing that we bless, is it not a participation in the blood of Christ?  
The bread that we break, is it not a participation in the body of Christ?  
Because there is one bread, we who are many are one body,  
for we all partake of the one bread.*

*~ 1 Corinthians 10:16-17~*

*Heritage Presbyterian Church is a Reformed church. That means we believe in the real spiritual presence of Christ in the Lord's Supper. What does that mean and why is it important?*

## **I. Introduction**

### **A. Scripture**

Gospels: Matthew 26:26-29

Epistles: I Corinthians 11:23-29

Important Term: Good and Necessary Consequence

## **II. Historical Background**

### **A. Ancient Church**

### **B. Roman Catholic**

### **C. Reformation**

### **D. The Protestant Views**

## **III. Understanding the Lord's Supper**

### **A. The Confession Inherent in the Lord's Supper**

### **B. The Covenant Nature of the Lord's Supper**

## **IV. Participating in the Lord's Supper**

### **A. The Elements of the Lord's Supper**

**B. Preparing for the Lord's Supper**

1. Consider your relationship to God
2. Consider your relationships to others
3. Consider your relations to the church
4. Self-Examination and the Lord' Supper
5. Remember the meaning of the elements
6. Pray before, during, after for the Lord's blessing

**C. Participating in the Lord's Supper: Participate in faith**

1. Past
2. Present
3. Future