

Sermon Outline

Help in Time of Crises

Psalm 46:1-11

I. **Intro:** When Tsunami-like trials hit

II. **Exposition:** How do we face these Tsunami-like trials?

A. We run to the Lord for refuge (vv.1-3)

➤ We do not fear because:

- i) Elohim is our strong tower of defense (v.1a)
- ii) He is a present help in trouble (v.1b)

B. We dwell in the city and feed on his faithfulness (vv.4-7)

➤ We will not be moved because:

- i) God will sustain us with his life-giving Spirit (v.4)
- ii) He is in our midst to preserve his church (vv.5-6)
- iii) He is the mighty Lord, and the tender shepherd (vv.7,11; Gen 48:15-16)

C. We wait patiently on his deliverance (vv.8-11)

➤ Be still and trust Him because:

- i) He will bring all of our trials to an end (vv.8-9)
- ii) He is in control of all things (v.10a)
- iii) He is working all things out for his glory (v.10b)