

**Help out of ...The Hole of No Hope, pt 10****Author:** Tom L. Sooter

- I. When a person is in the hole of no hope they will feel  
 A. H\_\_\_\_\_ B. H\_\_\_\_\_
- II. What are some ways people have experienced a loss?  
 A. D\_\_\_\_\_ D. Molestation  
 B. Job Loss E. Rape  
 C. S\_\_\_\_\_/Death F. Robbery
- III. In their private world, those who experienced a loss won't accept the reality and  
 P\_\_\_\_\_ of the event.
- IV. On the other hand, in their P\_\_\_\_\_ world, they can't change the event.
- V. If a person won't A\_\_\_\_\_ the event in their private world but can't  
 C\_\_\_\_\_ it in their public world they will always fall into the hole of no hope.
- VI. The C\_\_\_\_\_ of our heart will control our life (Proverbs 4:23; 23:7).
- VII. Usually, in a potential divorce situation, a child's first thoughts are to be as  
 G\_\_\_\_\_ as he possibly can, hoping not to add to his parent's stress.  
 A. As he sees this tactic failing and parent's conflicts increasing, he becomes more  
 verbal, outwardly A\_\_\_\_\_ and defiant.  
 B. When none of this child's solutions work, they are dropped into the H\_\_\_\_\_  
 of no hope.
- VIII. These experiencing loss, shift life into neutral and let L\_\_\_\_\_ pass them by.
- IX. A\_\_\_\_\_ what you can't change is the ladder out of the hole of no  
 hope, back into reality.
- X. If you will not live in the world of reality and accept the events that you  
 C\_\_\_\_\_ change in your public world then you are destined to be held  
 C\_\_\_\_\_ in a bitter, pretend world of "what if's" and "if only's".
- XI. You can not wait until everything is "P\_\_\_\_\_" before you get on with your  
 "real" life (Ecclesiastes 11:4-5).

XII. Because a person did not want the divorce or death to happen, we fall into a pit and have a "P\_\_\_\_\_ party."

A. We feel S\_\_\_\_\_ for ourselves

B. Try to get others to H\_\_\_\_\_ our hurts, when in reality we are the only ones that can heal ourselves.

C. We miss N\_\_\_\_\_ relationships.

D. We run from P\_\_\_\_\_ and fear.

E. Running from R\_\_\_\_\_ is really running from God.

XIII. God's biblical solution is not to run from the pain in fear, but to run toward the pain, in F\_\_\_\_\_.

A. By faith, believe that God A\_\_\_\_\_ it to happen.

B. By faith, believe that God never W\_\_\_\_\_ pain.

C. By faith, believing the God will W\_\_\_\_\_ it out for good.

D. By faith, believe that there is a B\_\_\_\_\_ behind it all.

XIV. The Bible word that describes this most powerful part of our being is the word "I\_\_\_\_\_."

A. Imagination is defined as forming mental images, concepts or thoughts of that which is not present to the S\_\_\_\_\_ of reality.

B. God D\_\_\_\_\_ the entire planet with a flood because of man's imagination (Genesis 6:5).