

## John 6:35 – Jesus Is God-The Bread of Life

TSK, HebrewLexicon, Gill, Abbot, Barnes, Calvin, Rienecker, Clarke, Eclectic, Alford, Family, FFG, Geneva, JFB, Johnson, Henry, Pink, PNT, Poole, Robertson, Trapp, Vincent Brothers and Sisters in the Lord: **Jesus described himself with 7 “I am statements.”** *The “I am” statements prove his Deity.* **“I am” is the same root of Yahweh**, which means “I am,” or “I exist.” **This was how Jesus revealed himself to Moses at the burning bush** -that pivotal time in human history when **God re-established his covenant relationship with the whole nation.** This name **invoked confidence** in who God is...**his ability to rescue Israel from hell** and take them to Canaan.

Exodus 3: 13 Then Moses said to God, "Indeed, when I come to the children of Israel and say to them, 'The God of your fathers has sent me to you,' and they say to me, 'What is His name?' what shall I say to them?" 14 And God said to Moses, "**I AM WHO I AM.**" And He said, "Thus you shall say to the children of Israel, '**I AM has sent me to you.**'"

This theme is then echoed throughout the Scriptures: **God is the great I AM.** So when Jesus used it for himself it proved his Deity.

Isaiah 41:4 Who has performed and done it, Calling the generations from the beginning? **'I, the LORD, am the first; And with the last I am He.'**"

Isaiah 43: 10 "You are My witnesses," says the LORD, "And My servant whom I have chosen, That you may know and believe Me, **And understand that I am He.** Before Me there was no God formed, Nor shall there be after Me.

John 8: 58 Jesus said to them, "Most assuredly, I say to you, **before Abraham was, I AM.**"

Why did Jesus use 7 ways (7-the number of completion) to show his Deity? **Only God could save and he proved he was God.** For that claim of being God the Jews tried to kill him.

Today we will start with the first I AM: **“I am the bread of life.”**

Our headings are:

**How is Jesus the Bread of Life**

**What are the implications of the Bread of Life for your life**

Our goals are: **That you will learn to feast on the Lord and share of his goodness so the world can be saved.**

### **How is Jesus the Bread of Life**

35 And Jesus said to them, "**I am the bread of life.** He **who comes to** Me shall never hunger, and he who believes in Me shall never thirst.

**1. Jesus, the Bread of Life, did not make this doctrine out of nothing; he was simply reiterating the Old Testament!**

**a. You see Jesus as the Bread of Life in the showbread in the temple.** There were 2 stacks of 6 pita style bread representing Jesus' provision for all the people of God – all 12 tribes. Leviticus 21:21-22.

**b. You see Jesus as the Lamb of God** (bread is used to represent all kinds of things that nourish) as well as **the bread of the Passover.** Unfortunately, if that meat wasn't eaten up it went bad. Not Jesus.

**c. You see Jesus in the sacrifices-the animals and the grain offerings,** picturing how he would meet the needs of his people. Of course those sacrifices had to be made daily...not Christ's!

**d. You see Jesus providing manna for the children of Israel to eat in the desert so they could live.** Jesus explained that that bread was only temporary and for the body. It became worms if it were left overnight. And that food was only for the Israelites. But **Jesus is the true bread that satisfied the soul, the soul of the whole world, and if they ate of him, they would never be hungry again.**

**2. Jesus was born in Bethlehem, which means “House of Bread.**

This was purposely done! Jesus' mother, **Ruth, a pagan – a Moabite – the worst of the worst, went to Bethlehem for bread** and **Jesus was born** there.

**Those who wanted to eat and live had to go to the Man from Bethlehem.**

### 3. Jesus identified himself as the bread from heaven – showing his value.

**He is the source of life, the nourisher of life, and the sustainer of life.** Look at the background to this. The Jews wanted a sign so they would believe him, referring to the sign of manna in the wilderness, so Jesus declared... **he was food for the soul**...the Bread of True Life! He cured spiritual hunger...only he!  
John 6: 30 Therefore they said to Him, "What sign will You perform then, that we may see it and believe You? What work will You do? 31 "Our fathers ate the manna in the desert; as it is written, 'He gave them bread from heaven to eat.'"32 Then Jesus said to them, "Most assuredly, I say to you, Moses did not give you the bread from heaven, but My Father gives you the true bread from heaven. 33 "For the bread of God is He who comes down from heaven and **gives life to the world.**"

This was a stirring rebuke of the Jews, who, **when they ate manna, did not acknowledge that it was a gift of God to save them. But Jesus gave life to dead souls.**

### 4. Jesus was frustrated with his disciples as they didn't get the message of who he was, like when he fed the 5000 men.

Jesus showed there were more important things than physical food. (See also Psalm 78-God provides!)  
Deuteronomy 8: 3 "So He humbled you, allowed you to hunger, and fed you with manna which you did not know nor did your fathers know, that He might make you know that **man shall not live by bread alone; but man lives by every word that proceeds from the mouth of the LORD.**

### 5. Jesus gave bread to his disciples and reminded them they needed to eat the bread which represented him.

Matthew 26:26 And as they were eating, **Jesus took bread, blessed and broke it, and gave it to the disciples and said, "Take, eat; this is My body."**

Not only that, **he wanted them to continue eating that bread as a picture of being nourished by him.**  
1Corinthians 11:25 In the same manner He also took the cup after supper, saying, "This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me." **26 For as often as you eat this bread and drink this cup, you proclaim the Lord's death** till He comes.

### 6. The Bread of Life is also called the Water of Life which gives life to the soul.

Remember, bread refers to anything needed for body! **So water is bread!** Remember the Lord's prayer!  
John 4:13 Jesus answered and said to her, "**Whoever drinks of this water will thirst again, 14 "but whoever drinks of the water that I shall give him will never thirst.** But the water that I shall give him will become in him a fountain of water **springing up into everlasting life."**

### What are the implications of the Bread of Life for your life?

#### 1. You are invited to eat of the Bread of Life -for salvation: **Come and buy and eat the Bread of Life without having any money, as Jesus paid the full price for your meal.**

Isaiah 55:1 "Ho! Everyone who thirsts, Come to the waters; And you who have no money, Come, buy and eat. Yes, come, buy wine and milk Without money and without price. **2 Why do you spend money for what is not bread,** And your wages for what does not satisfy? Listen carefully to Me, and eat what is good, And let your soul delight itself in abundance.

If you come and ask for spiritual bread...water...honey...wine, you will never be hungry for salvation again! Note the words of our text: **He who comes to me.** This is echoing the same words of the Gospel of Isaiah! **This food, if you eat it, gives life!** How? **When you eat this Bread of Life, all your sins are forgiven and you are given a new name, record, and life.** Eating this Bread removes shame of your past sins...**This bread satisfies your soul - permanently.**

#### 2. You are invited to eat the Bread of Life – for sanctification.

The Lord regularly (daily) nourishes his people with the Word and Sacraments – the primary and

secondary means of grace.

1Corinthians 11:23 For I received from the Lord that which I also delivered to you: that the Lord Jesus on the same night in which He was betrayed took bread; 24 and when He had given thanks, He broke it and said, "Take, eat; this is My body which is broken for you; do this in remembrance of Me."

God's law (Word) is more nourishing than honey...and gives strength to your spiritual bones.

**It is said that *most diseases are prevented or cured by foods*. It can be said that *all spiritual diseases are cured by the Word and Sacraments* – spiritual food – as God's Spirit works through them!**

**This food goes in deeper than to your stomach; it goes to your soul, so you must receive it by faith!**

**3. Ask, for this food for this is what God wants!**

John 6: 34 Then they said to Him, "Lord, give us this bread always."

**4. Don't treat the Bread of Life with contempt, but with awe and honor.**

1Corinthians 11:27 Therefore **whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord.**

**5. In the name of Yahweh, the Bread of Life, go and work for him, having been strengthened!**

Exodus 3: 14 And God said to Moses, "**I AM WHO I AM.**" And He said, "Thus you shall say to the children of Israel, '**I AM has sent me to you.**'"

This food does not and must not end with you!

**6. When you eat of the Bread of Life you become one with him.**

Jesus becomes part of your spirit! Don't lose the Bread of Life as Adam lost the Tree of Life in the Garden because of his sin. Reflect the one with whom you are so closely united. (Romans 6)

**7. Every other food leads to death.**

Every other food leaves you hungry! No religion offers you atonement through the God-man's life! They all feed you lies and make you think you have life! This is the Devil's best lie.

**8. Don't reject the Bread of Life; without it you will perish.**

**Some reject the Bread of life and will spend eternity regretting the lies they ate up in this world.**

John 6: 36 "But I said to you that you have seen Me and yet do not believe.

1Corinthians 11:29 For he **who eats and drinks in an unworthy manner eats and drinks judgment to himself,** not discerning the Lord's body.

**Conclusion:**

Jesus is the Bread of Life. There is no life outside of eating of him. If you believe who he is and what he has done and let it nourish your souls, you will live forever, and you will have strength do the work he commanded you.

Beloved in the Lord

**1. Love private communion with Christ, love public communion with him and his people! Eat daily of his nourishment.** These meals will strengthen you. There is a ready banquet...in the presence of your enemies!

**2. Feed your children.** This is what they need the most. Don't starve them! Banana bread is good, but they need the Bread of Life more.

**3. Do you know those who are starving?** Surely you do! They eat, but they are always hungry because they are eating this world's food. Give them the gift of Christ! Don't wait for Christmas.

Finally, Receive the Bread of Life today! If you reject the Bread of Life, you will eat the Bread of Death. It is your choice, but, considering what hell is like, the place of eternal torment and the digesting of regret, I hope you will cry to God for help. The payment has been made by Jesus! Don't starve when there is food in abundance.